



EuroSIDA

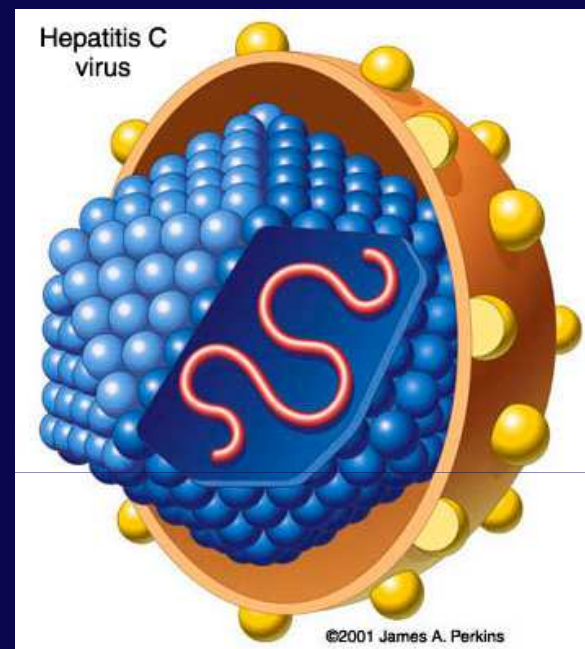
Predictors of Hepatitis C RNA Levels in HIV Co-infected Individuals in a Prospective Cohort Study

D. Grint, J. Reekie, V. Soriano, O. Kirk, B. Knysz, O. Suetnov, A. Lazzarin, B. Ledergerber, J. K. Rockstroh, A. Mocroft and L. Peters for EuroSIDA in EuroCoord

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Background

- Infection with hepatitis C virus (HCV) is a major cause of chronic liver disease¹
- High levels of HCV-RNA have been associated with a poor response to treatment for HCV²
- HCV-RNA reported to stay relatively stable in mono-infected individuals, while the course of HCV-RNA is less well characterised in HIV/HCV co-infected individuals³



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¹Rockstroh JK, JID 2005

²Torriani FJ, N Engl J Med 2004

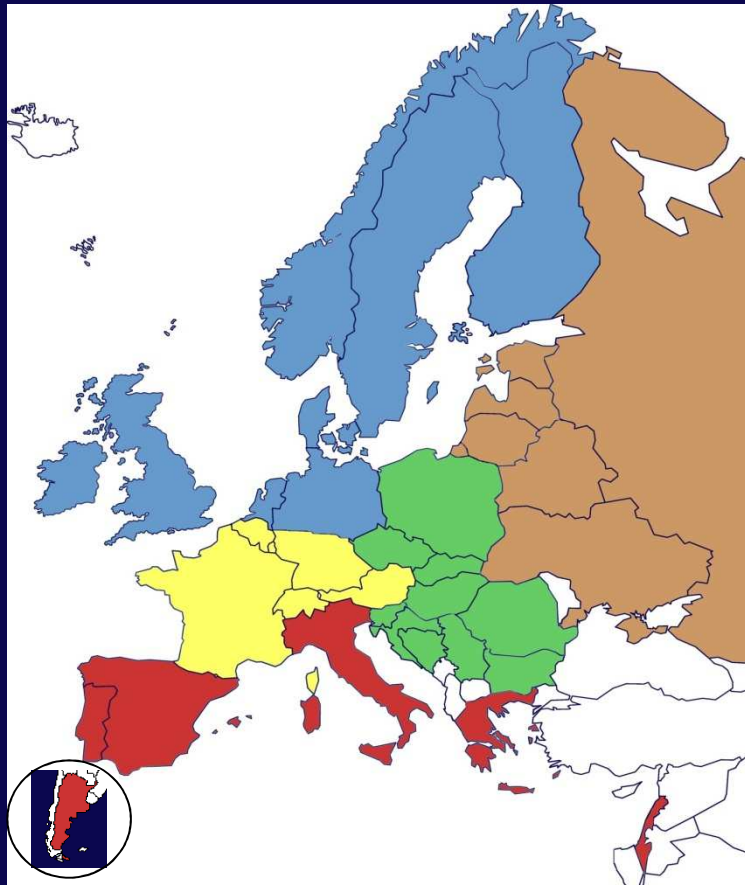
³Fishbein DA, JAIDS 2006

Aims

- Examine the change over time in HCV-RNA levels in chronic HCV/HIV co-infected individuals
- Estimate the effect of genotype on the natural history of HCV-RNA levels
- Determine whether any other factors affect the natural history of HCV-RNA levels

EuroSIDA

EuroSIDA is a large prospective cohort with **16597** patients from 33 European countries, Israel and Argentina

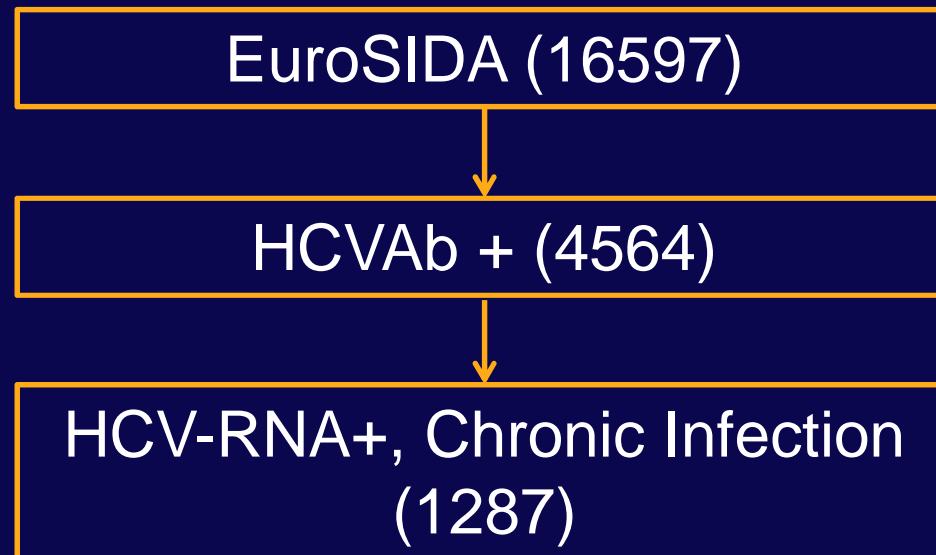


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- HCV antibody
- HCV-RNA and genotype
- Hepatitis B (HBV) surface antigen
- HBV-DNA and genotype
- Demographics
- CD4 counts, HIV viral loads

Inclusion Criteria

- **Inclusion Criteria**
 - Chronic HCV with quantitative HCV-RNA measured
 - HCV-RNA measurements taken after initiation of HCV treatment were not included



Methods

- **Statistical Methods**
 - Baseline defined as the date of each individual's first HCV-RNA measurement
 - Multivariable mixed models were used to model HCV-RNA levels adjusting for:
 - Age/Gender/Race
 - Region of Europe
 - HIV-RNA/CD4 cell count*
 - HCV genotype + assay
 - Hepatitis B status*
 - HIV risk group
 - cART initiation status*
 - Date of HCV infection

Baseline Characteristics

		No. Participants (%)
Total		1287 (100)
HCV Genotype	1	676 (52.5)
	2	37 (2.9)
	3	391 (30.4)
	4	183 (14.2)
Baseline HBsAg Status	Positive	71 (5.5)
	Negative	1031 (80.1)
	Unknown	185 (14.4)
HIV Exposure Group	IDU	952 (74.0)
	MSM	105 (8.2)
	Heterosexual	148 (11.5)
	Other	82 (6.3)
Baseline HCV-RNA (log10)	Median (IQR)	5.87 (5.36 – 6.31) IU/ml

HCV-RNA Measurements

- Median number of HCV-RNA measurements per individual = 2 (IQR: 1 – 3, Range: 1 - 10)
- Median total follow-up time = 4.1 years (IQR: 2.0 – 7.3)
- Median time between HCV-RNA measurements = 2 years (IQR: 0.9 – 4.1)

Results: Change in Time

Multivariate Model*

Variable	Estimate (log10)	95% CI	p-value
Time from baseline (years) [SLOPE]	0.024	(0.0042, 0.043)	0.017

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- HCV-RNA increased 5.7% (95% CI: 1.0% - 10.4%) per year
- Rate of increase in HCV-RNA constant across all other subgroups
- Although limited power to detect differences in the rate of change in HCV-RNA

Results: Genotype

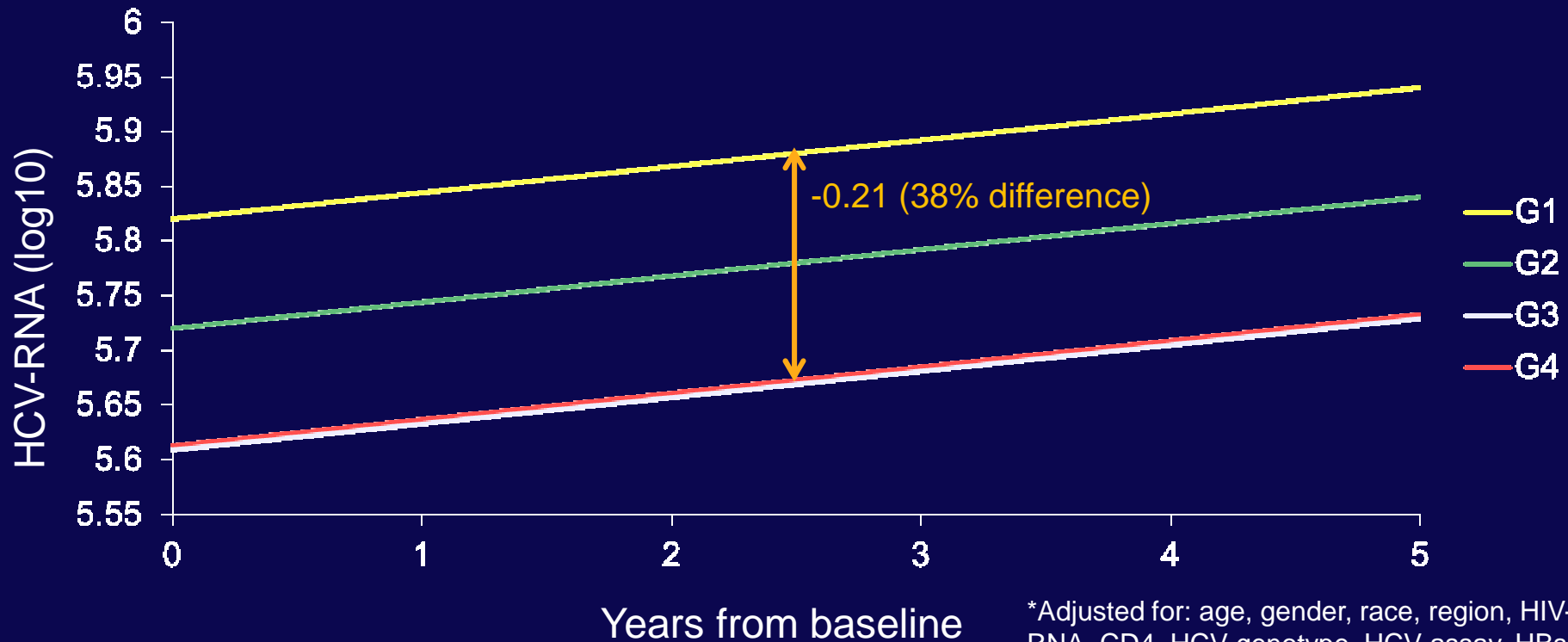
Multivariate Model*

Variable	Estimate (log10)	95% CI	p-value
Time from baseline (years) [SLOPE]	0.024	(0.0042, 0.043)	0.017
HCV Genotype			
1	0		
2	-0.10	(-0.35, 0.15)	0.42
3	-0.21	(-0.31, -0.12)	<0.0001
4	-0.21	(-0.34, -0.084)	0.0012

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*Adjusted for: age, gender, race, region, HIV-RNA, CD4, HCV genotype, HCV assay, HBsAg, HIV risk group, cART, HCV infection date.

Results: HIV Risk Group

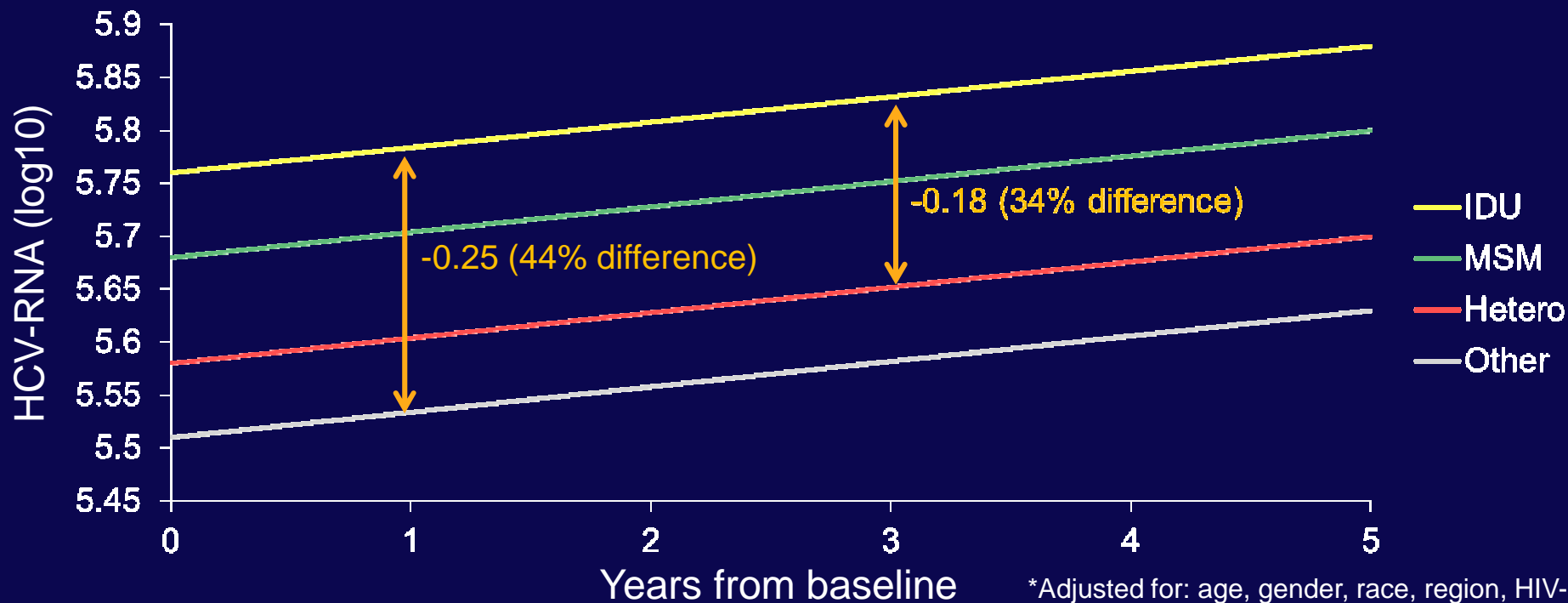
Multivariate Model*

Variable	Estimate (log10)	95% CI	p-value
Time from baseline (years) [SLOPE]	0.024	(0.0042, 0.043)	0.017
HIV Risk Group			
Injection Drug User	0		
MSM	-0.084	(-0.25, 0.077)	0.31
Heterosexual	-0.18	(-0.31, -0.039)	0.012
Other	-0.25	(-0.42, 0.081)	0.0039

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Results: Current HIV-RNA

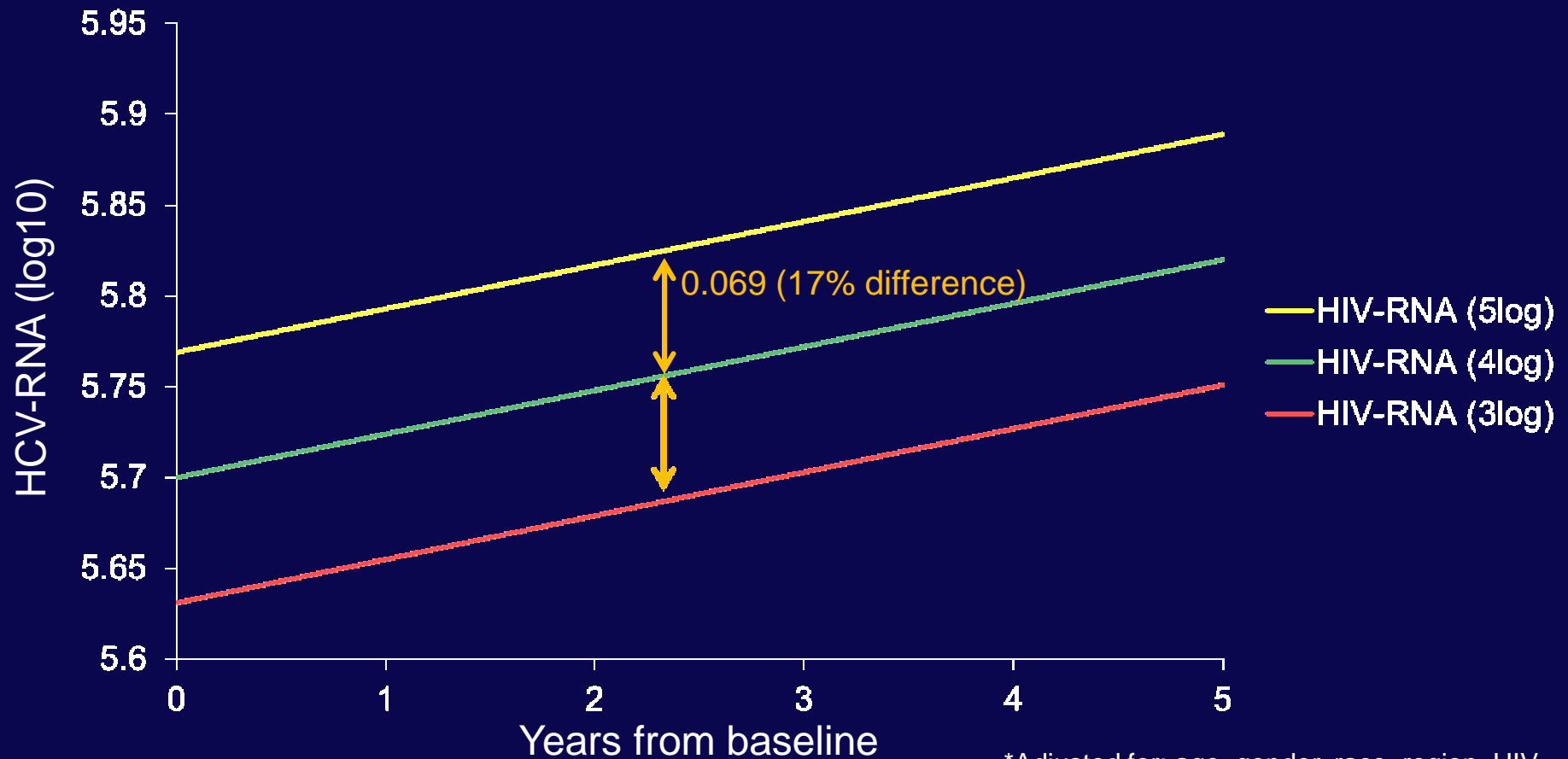
Multivariate Model*

Variable	Estimate (log10)	95% CI	p-value
Time from baseline (years) [SLOPE]	0.024	(0.0042, 0.043)	0.017
HIV-RNA (per log10 increase)	0.069	(0.035, 0.10)	<0.0001

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Time from baseline (years) [SLOPE]	0.024	(0.0042, 0.043)	0.017
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Limitations

- Median number of HCV-RNA measurements = 2 (IQR: 1 – 3)
- 250 individuals with at least 3 HCV-RNA measurements
- Sensitivity analysis in these 250 individuals:

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- Median number of HCV-RNA measurements = 2 (IQR: 1 – 3)
- 250 individuals with at least 3 HCV-RNA measurements
- Sensitivity analysis in these 250 individuals:
 - 6.6% increase in HCV-RNA per year, $p=0.08$
 - Effects of genotype, HIV risk group and HIV-RNA consistent with previous results

Conclusions

- HCV genotype 1 carried 38% higher baseline levels of HCV-RNA than genotypes 3 and 4
- IDUs carried 34% and 44% higher baseline levels of HCV-RNA compared to heterosexuals and those in the 'other' HIV risk group, respectively
- A 1 log increase in HIV-RNA associated with a 17% increase in HCV-RNA

Conclusions

- HCV-RNA levels increased at a rate of 5.7% per year with no evidence of a difference according to subgroups
- Deferral of HCV treatment increases HCV-RNA levels little in the short term, whereas controlling HIV viral load with cART may improve the likelihood of sustained viral response (SVR) indirectly by lowering HCV-RNA levels

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The multi-centre study group of EuroSIDA (national coordinators in parenthesis).

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