

Has the uptake of treatment for chronic hepatitis C infection in Europe changed over time?

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for the EuroSIDA study group

Introduction

- With improvements in cART, liver related disease has become leading cause of death in HIV / HCV coinfecting persons¹
- Current HCV treatment guidelines² suggest all HIV / HCV coinfecting persons (↑ liver enzymes, HCV RNA+ and >F1 fibrosis) should be considered for treatment
- Typically, only 10-20% of patients start therapy³⁻⁵

¹Weber et al, Arch Int Med 2006;66:1632. ²Rockstroh et al, HIV Med 2008;9:82. ³Rauch et al, JAIDS 2005;38:238. ⁴Mocroft et al, Scand J Infect Dis 2006;38:1092. ⁵Zinkernagel et al, Antivir Ther 2006;11:131.

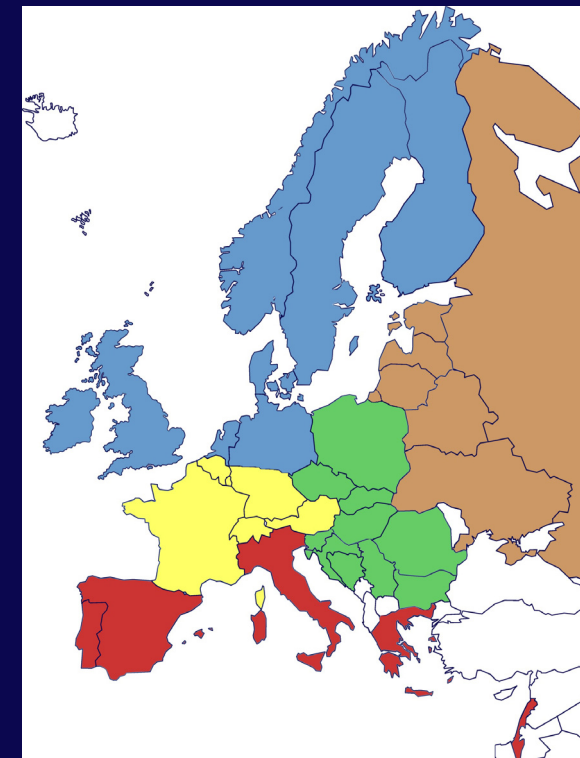
Aims

- To determine treatment uptake for chronic HCV within EuroSIDA study and the factors associated with treatment uptake
- Investigate the impact of anti-HCV treatment on clinical outcomes

The EuroSIDA study

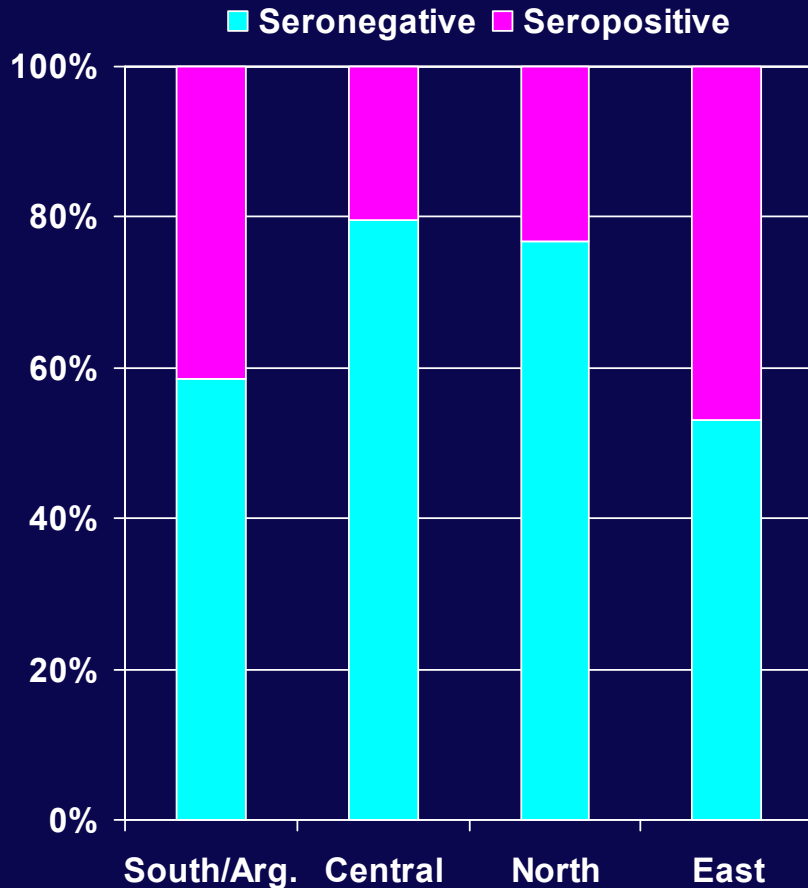
- Longitudinal cohort study initiated in 1994 of 16599 HIV-infected patients from 103 centres in 35 countries across Europe, Israel and Argentina
- Study collects wide range of clinical and demographic data (see www.cphiv.dk)
- Approximately 25% are coinfecting with HCV, 75% of these are HCV-RNA positive¹

¹Soriano et al, J Inf Dis 2008; 198:1337

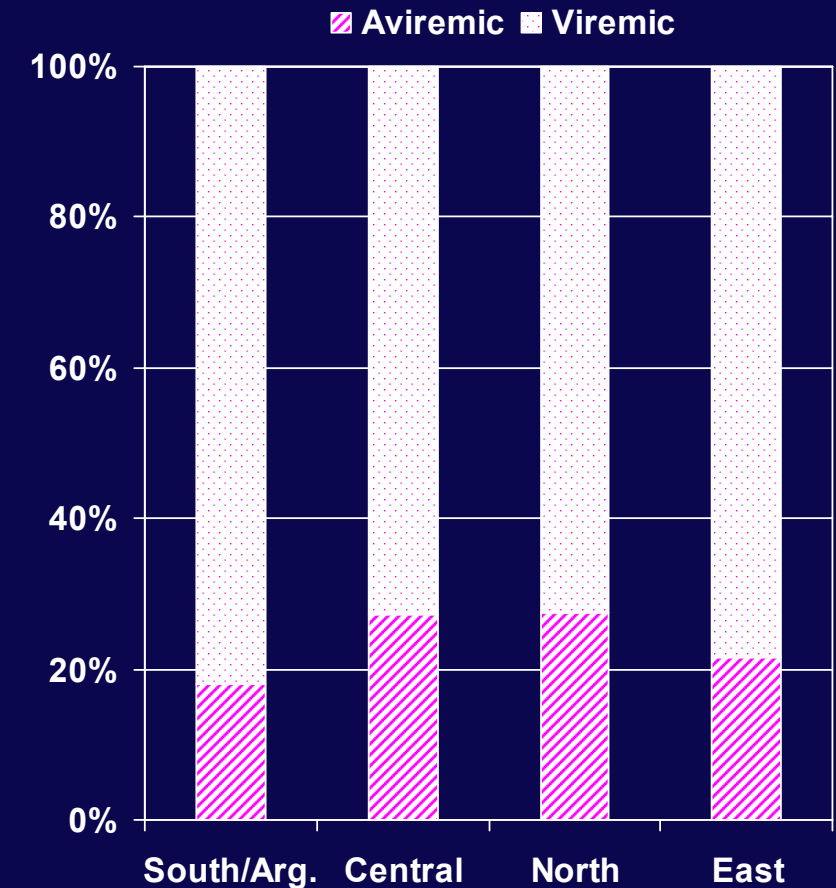


Epidemiology of HCV coinfection across Europe

HCV serostatus¹



HCV-RNA viremia²



N

1677

1430

1545

1305

654

466

376

442

EuroSIDA

¹Rockstroh et al, J Inf Dis 2005;192:992. ²Soriano et al, J Inf Dis 2008; 198:1337

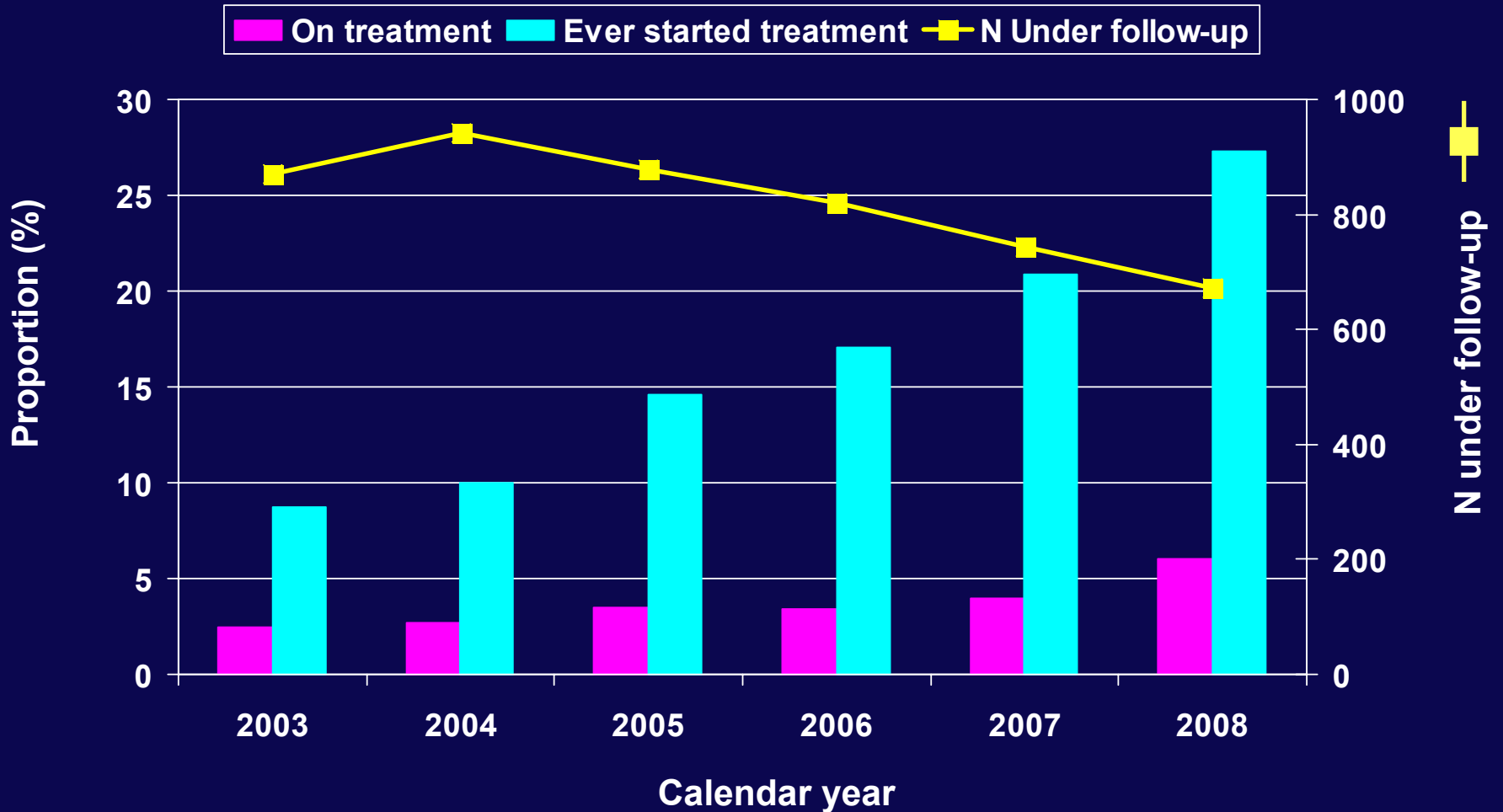
Methods

- Chronic HCV defined by positive HCV ab and detectable HCVRNA through central repository
- Baseline - date of first detectable HCV RNA test with genotype 1 - 4
- Anti-HCV treatment; starting one of the following
 - Interferon
 - peg-interferon
 - ribavarin
- LRE; liver related events
 - Death from liver related disease
 - Grade III/IV hepatic encephalopathy
- DEATH; death from any cause or LRE
- Incidence rates and Poisson regression

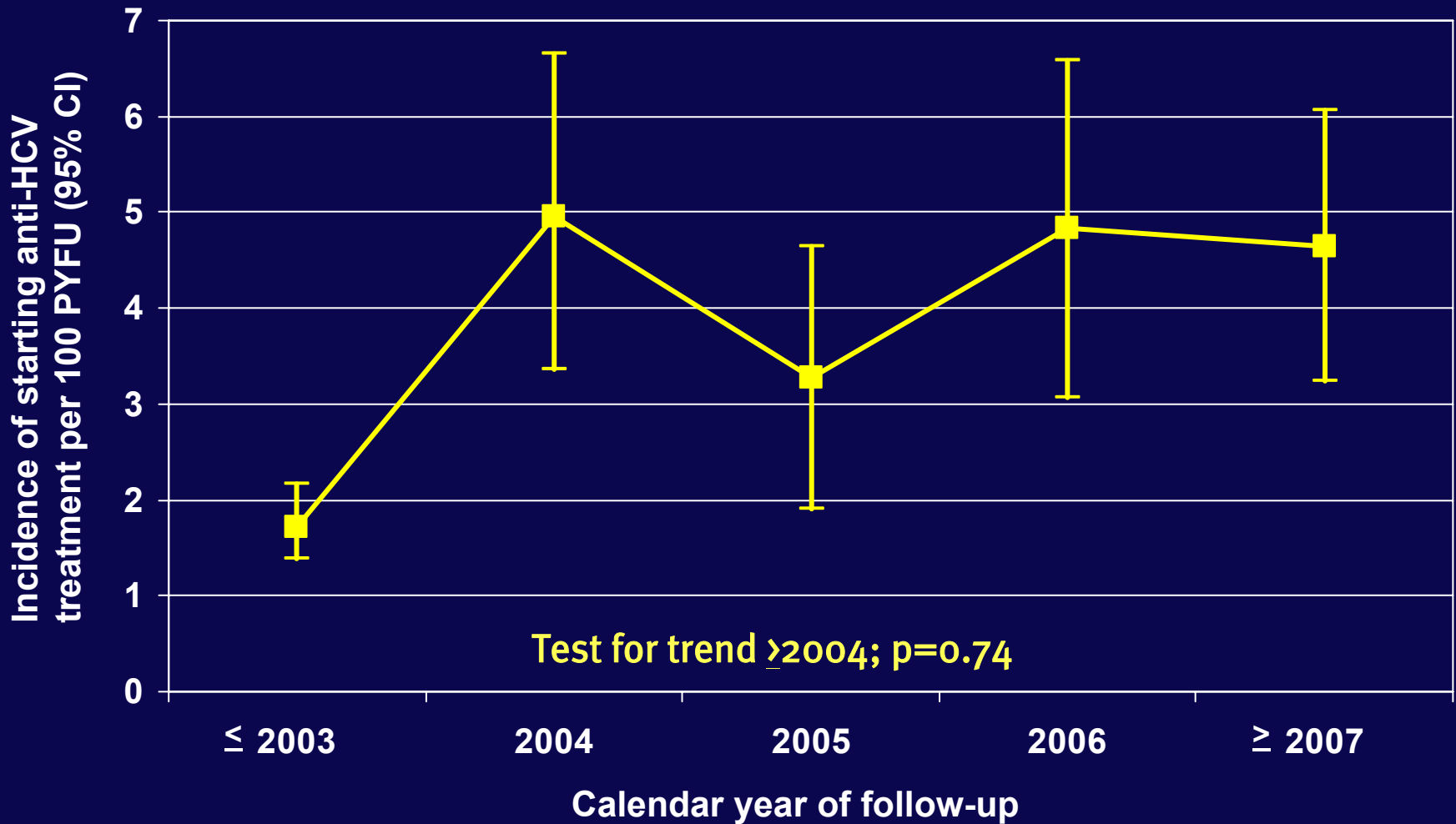
Results (N=1263*)

		N (%)
Gender	Male	879 (70)
HIV Exposure	IDU	944 (75)
Region	South / Argentina	362 (29)
	Central	319 (25)
	North	230 (18)
	East	352 (28)
Prior AIDS	Yes	333 (26)
On cART	Yes	783 (62)
		Median (IQR)
Age	Years	36 (31 – 41)
HCV RNA	Log ₁₀ IU/ml	5.8 (5.3 – 6.2)
CD4	/mm ³	301 (161 – 457)
HIV Viral load	Log ₁₀ copies/ml	2.8 (2.0 – 4.2)

Current and cumulative exposure to anti-HCV treatment



Incidence of starting anti-HCV treatment



Test for trend >2004 ; $p=0.74$

N starting 81

37

22

29

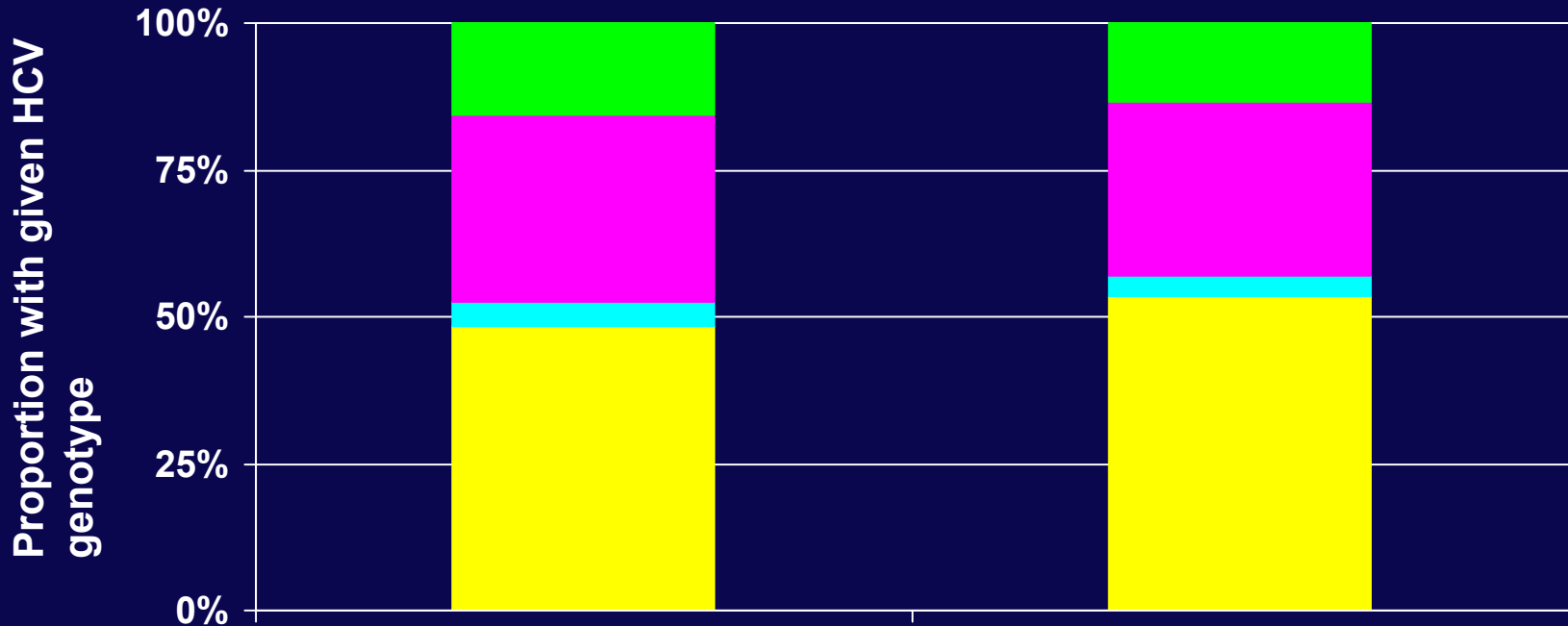
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Characteristics of patients

<i>All N (%)</i>		Treated	Untreated	p
		211 (17)	1027 (83)	
Region	South / Argentina	68 (32)	282 (28)	0.021
	Central	65 (31)	246 (24)	
	North	31 (45)	199 (19)	
	East	47 (22)	300 (29)	
Prior AIDS	Yes	50 (24)	365 (35)	0.0010
CD4	<200	11 (5)	260 (25)	<0.0001
	201-350	52 (25)	253 (25)	
	>350	148 (70)	514 (50)	
HIV-RNA	<500	172 (83)	638 (65)	<0.0001
	500-10000	20 (10)	132 (14)	
	>10000	15 (7)	210 (21)	
HCV-RNA	>10 ⁶	76 (36)	379 (37)	0.81
HCV	INF / peg-INF	31 (15)		
Treatment	INF / peg INF + RBV	180 (85)		

Distribution of HCV genotypes

Genotype 1 (N=652) Genotype 2 (N=43) Genotype 3 (N=372) Genotype 4 (N=171)



Started anti-HCV treatment

Not started anti-HCV treatment

N

211

1027

p=0.53

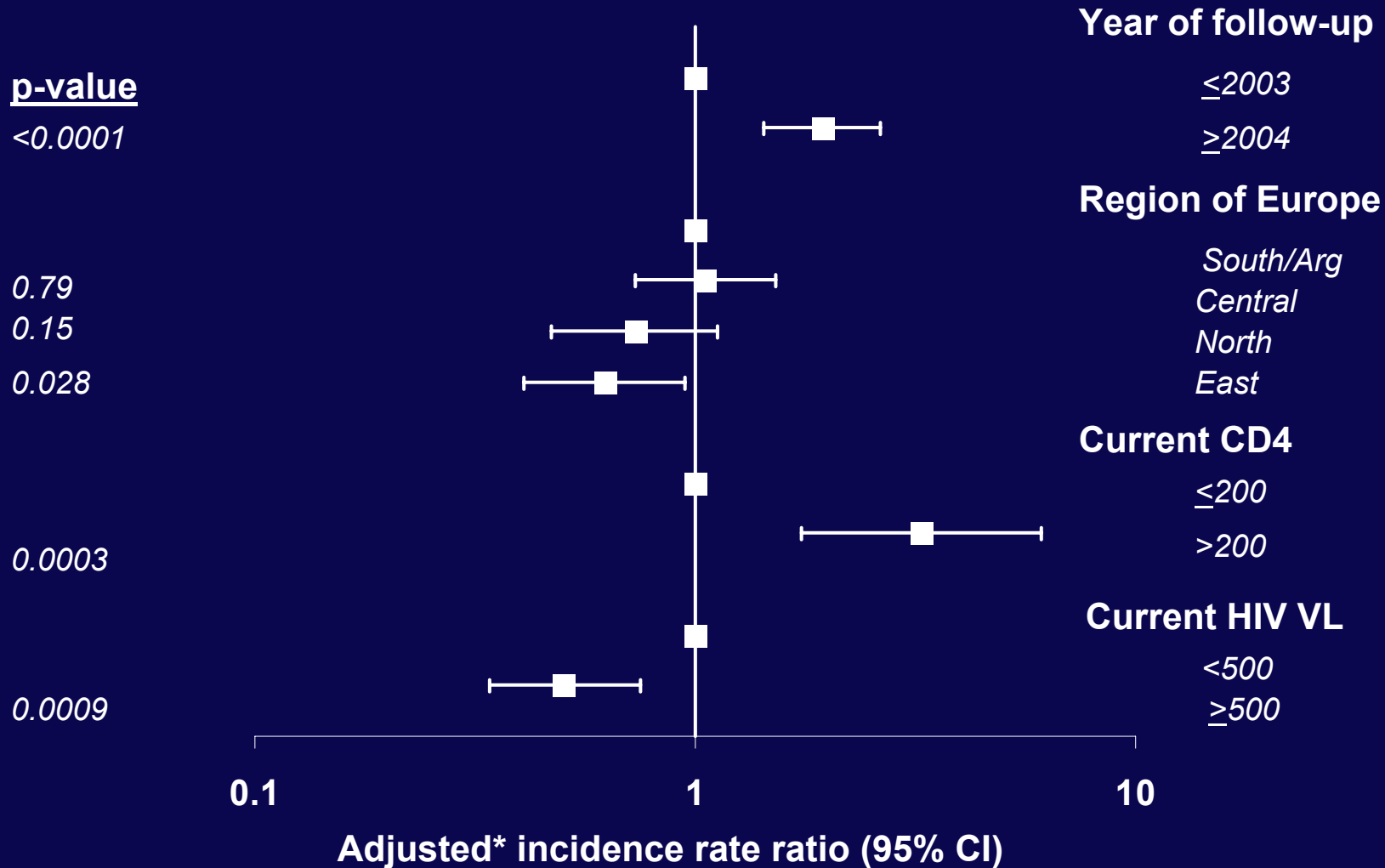
Median HCV-RNA

5.78

5.77

p=0.71

Factors associated with starting anti-HCV treatment



*Model additionally adjusted for gender, HIV exposure group, ethnic origin, ARV naïve status, use of cART, HBsAg status, age, CD4 nadir and HCV genotype

Starting anti-HCV treatment ≥ 2004 or < 2003

p-value

0.0008

< 0.0001

0.027

0.0067

Age (per 10 yr older)

Region of Europe

All others

East

Started cART

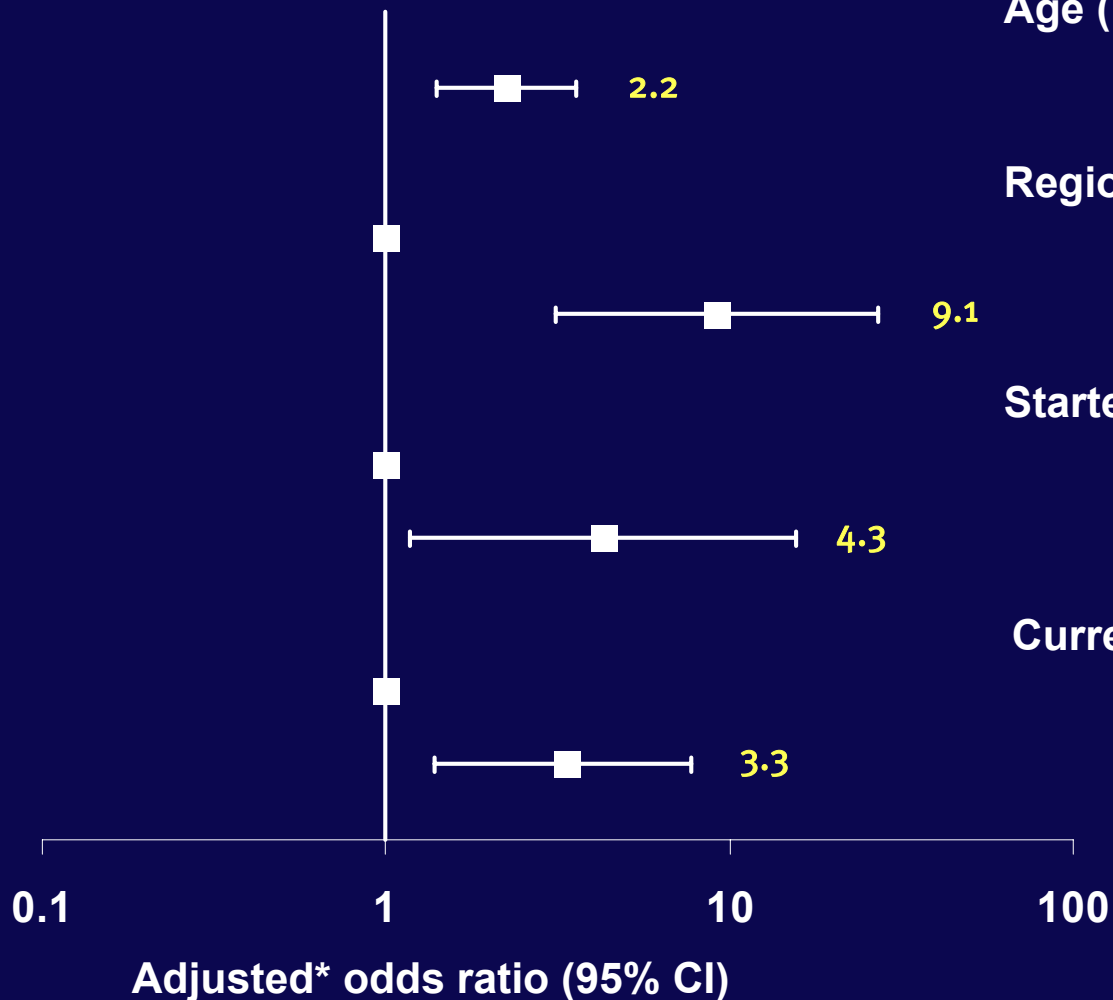
No

Yes

Current HIV VL

≥ 500

< 500



Comparison of events in anti-HCV treated patients compared to untreated patients

	LRE ¹		DEATH ²
<i>Untreated</i>	80	Events	262
	8192	PYFU	7242
	1.1 (0.8 – 1.3)	Rate (95% CI)	3.5 (3.1 – 4.0)
<i>Treated</i>	6	Events	12
	759	PYFU	768
	0.8 (0.3 – 1.7)	Rate (95% CI)	1.6 (0.8 – 2.7)
	0.73 (0.32 – 1.66)	Unadjusted IRR	0.44 (0.25 – 0.49)
	0.91 (0.37 – 2.18)	Adjusted* IRR	0.52 (0.28 – 0.95)

¹Grade III/IV hepatic encephalopathy or death from liver related disease. ²Death from any cause or LRE.

Adjusted for gender, HIV exposure group, ethnic origin, ARV naïve status, use of cART, HBsAg status*, age, region, CD4 nadir, CD4*, viral load* and HCV genotype; *time-updated values

Summary

- Uptake of HCV treatment has increased across Europe after 2003
- Overall treatment remains low, particularly in Eastern Europe
- Majority of patients were infected with HIV through IDU
- Treatment more common in patients with higher CD4 counts and lower viral load; no difference according to HCV genotypes
- Anti-HCV treatment was associated with lower rate of DEATH* although confounding by indication cannot be ruled out

*Death from any cause or grade III / IV hepatic encephalopathy

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